

THANK YOU AND OK!: an American Zen Failure in Japan
by David Chadwick (Penguin Arkana)
travel/religion
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"the Catch 22 of Zen" --Daniel Leighton, author of Cultivating the Empty Field

"An affectionate glimpse at the worlds of Japan and Zen. ... Vivid, lighthearted, and unself-consciously profound." --KIRKUS REVIEWS

"As richly constructed as a good novel, it steals its way into the reader's heart." --Natalie Goldberg, author of Writing Down the Bones

"Asked why Zen was brought from India to China, master Zhao Zhou replied, 'The oak tree in the garden.' This is exactly what Chadwick gives us here--no grand sweeping statements about the 'real' nature of Zen or Japan--just specific experience rendered with a peculiar intensity that lingers in your memory. The writing is excellent. The artistic integrity is the very finest." --Robert Pirsig, author of Zen and the Art of Motorcycle Maintenance

"Zen isn't it. The question is it, the doubt, the curiosity, the adventure, the what did we get ourselves into? A fine book, something, at last, to recommend in the way of Zen literature." --Janwillem Van de Wetering, author of A Glimpse of Nothingness

"The results of Chadwick's cultural collision with Japan are funny, insightful, revelatory and intriguing as hell. Don't let the fantastic cover fool you - this is a ripe book that goes to the core. The irreverence was also a friggin relief."

-- Peter Coyote: actor and writer

"...a unique unromanticized view of Japan and Japanese and American Zen. One leaves this book with a sense of our shared humanity and a confidence that we can work it out. No collection of contemporary books on Zen or Japan should be without THANK YOU AND OK!"

--Shin Yoshifuku--Japan's preeminent writer and translator of books on transpersonal psychology

"I love this book!" --Ken Wilber, author of Grace and Grit

"The famous 'punk monk' has given a sense of Zen, a sense of Japan, and a sense of himself as seeker and wanderer which is sweet, full of good information, and.... funky. Thank you and ok!"--Herbert Gold, Bohemia

"This is Thomas Merton meets Jack Kerouac in the rural Japanese countryside. But it could also be subtitled 'Access to Japan for normal human beings.' Chadwick's unpretentious prose underlines the importance of gentleness. This book will be very useful to anyone planning to visit Japan." --John Sumner: editor of the Whole Earth Review

"David Chadwick's THANK YOU AND OK! is a breath of fresh air let in to the artsy, abstract confines of the Zen cloister. It's breezy, immediate, a joy to read and a journey to join in that can open your eyes, touch your feelings, and by its end change at least a little how you understand the way you have come." --Steve Tipton --co-author of Habits of the Heart

"Written with a fine edge of crazy wisdom detail -- this book is a treasure house of insight and humor. It's so accessible -- Chadwick really knows how to invite the reader in." --Joan Halifax, author of The Fruitful Darkness

"Totally delightful - fantastic couch potato Zen. Chadwick saves you the trouble of going to Japan by making all the mistakes for you." --Jack Kornfield, author of Path of the Heart

"I loved this book--touching, funny, knowing--I couldn't put it down."

--Robert Whiting, author of You Gotta Have Ya