# SANROSHA (overnight accommodation)

### 1. General Information:

All those visitors who stay overnight at Eiheiji are called <Sanrosha>.

They are expected to follow the full schedule and the established rules of the temple. Accommodation will be available to those affiliated to Soto Zen groups or with sincere interest to learn the teaching, and only when this temple can provide both the rooms and the English interpreter.

## 2. Application:

Eiheiji only accepts written application for reservation. It must be received at least one month before arrival. It should contain the following information: name, address, nationality, phone number (fax number), age, sex, occupation, condition of health, your preferred date to stay, (please also specify alternate dates in case your first choice is not possible), motive for participation, affiliation to Soto Zen Buddhist group, and experience with zazen (if none, please indicate).

If group of people want to stay, only the representative make an application attaching the name list of the group.

Once reservation is confirmed we will send you a letter of permission. You must submit this letter upon arrival at Eiheiji, otherwise we can't grant you accommodation.

#### 3. Arrival:

Please be sure to arrive at the temple between 2: 00p.m. and 3: 00p.m. and show the "permission letter" at the reception.

※ If you have any changes in the schedule, please notify us as soon as possible.

# 4. Dates Closed for Sanrosha:

January 1~3, 7, 26, February 1~8, 15, April 13, 17~29, May 6, 17, June 15 July 2, August  $8\sim20$ , September 13,  $21\sim29$ , October 5, November 6, 17, December 1~10, 22, and when there take place special events.

### 5. Fee:

8,000 yen per person (including 2 meals) Cash Only

# 6. Clothing & Things to Bring!

Please wear modest clothes suitable for religious practice. For zazen, loose fitting ones are preferable. You are also expected to bring white socks (or white tabi), a towel and other toiletries (Bath towel Etc.).

7. Schedule: (subject to change)

st day		2nd day	
	Instruction & Video	3:30a.m	Wake Up Bell
4:00 p.m.	Bath Time	3:50	Zazen
5:00	Supper	5:00	Morning service
6:50	Zazen	6:00	Guided Tour
9:00	Lighte Out	7:00	Breakfast
		8:30	Departure
	4:00 p.m. 5:00 6:50	Instruction & Video 4:00 p.m. Bath Time 5:00 Supper 6:50 Zazen	Instruction & Video 3:30a.m 4:00 p.m. Bath Time 3:50 5:00 Supper 5:00 6:50 Zezen 6:00 9:00 Lights Out 7:00

# APPLY TO: DAIHONZA NEIHEIJI International Department

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