

"Like a pebble dropped into a still pond with ever-widening waves

of resonance, here is the arc of a life unfolding across civilizations and centuries of Buddhist practice to bring the way of Zen into the everyday lives of a generation of American seekers. Shunryu Suzuki taught by example, extraordinary in its ordinariness, leaving no trace except the transparent wisdom and lucent joy of living in a world with nothing to hold on to and everything to share."

-Steven Tipton, coauthor of Habits of the Heart

