

6 Realms

(1)

For each realm, a mind realm is something that is contained in itself - like the realm of pride - each is I can call it an emotion. Pride is the Good realm - It is what we see when successful and create. Thus Grace corresponds to hell realm - depression and hate.

(2)

That is self-perpetuating
Soul - awed ^{and} sad cause
And not a good person
then gets worse

Fight of spirits realm body
fight - always trying to
get fruit - they're intellectual
politically involved in trying
to get what want

Every realm an emotion
desire - hate - pride -
demand - If you take
a write and drink into
6 it's easy to see

③
Only way to get
out is through human
value cause you have
desire and can choose
no other value don't
choose anything. If you
meet someone who is
depressed this can help
them. Hungry ghost can
turn into desire for
freedom.

This is a type of
psychology not like
Western such in
intellectualism.

I'm having such a (4)
good time ~~but~~ except for
dying. I never knew
I was a loved person.
People come hug
Everything I wanted to
do I have done.
I've worked with kids
and parents have
told me how much
I've helped.
Be w/people of all
ages.

Getting a piece of
out of pidge for my
mouth. (5)

One of things gonna kill
me is malnourishment
I'm gonna starve myself
to death whether I want
to or not. Today I
kept food down - I can
pee + shit but tumors
are growing and pressing
on everything and they
have a good appetite.

~~588 0022~~